



# RESCUE WORKERS FOUNDATION

## Our Aims

Rescue workers — police officers, firefighters, emergency service and military personnel, voluntary rescue teams — dedicate themselves to maintain order, safety and the health of others. They are important protectors of human rights.

The hazardous nature of their work may seriously harm their physical and mental health, with grave repercussions for their private lives and future prospects.

The Rescue Workers' Foundations is a private initiative, who was born from the idea that we owe these 'heroes' a debt of gratitude for their commitment and dedication. The aim is to provide backing and support for those who are at the ready to help others 24/7.

The Rescue Workers' Foundation aims to improve preventive and curative care for rescue workers and their families. We want to help workers confronted with the loss of job prospects and health due to the impact of the job to reestablish control over their lives, and stimulate them in rebuilding and redeveloping. It is our goal to improve the mental and physical health of rescue workers and foster them in carrying out their life tasks, that is to say, to rediscover the experience of personal effectiveness in overall health, in family and social life, and in domestic and financial matters as well as in finding a purpose and meaning in life, and remaining positive and hopeful. If these pillars of life are strong, they form a strong foundation to maintain good health in every respect.

## History

The Rescue Workers' Foundation was founded in the Netherlands in 2018 and is active internationally. Many years of experience in mental health support for rescueworkers, have confronted the Balans & Impuls team with numerous difficult life stories, in which rescue workers found themselves and their families, as a result of their professional life.

## How we work

- support initiatives within the 'professional buddy support system'
- support preventive initiatives for rescue workers and their families
- Support in finding solutions in personal / family distressing situations
- support initiatives giving new meaning and finding new fulfillment in life if a career in rescue work has become impossible. This can be in job retraining, setting up a business, or doing voluntary work
- supporting rescue workers and their families involved in rebuilding or reconstruction work after natural disasters or war

Our support can be financial or practical in the form of coaching or advice by volunteers.

## Requests

Submissions for support should provide information and details about the purpose, method and desired results. They should not exceed three pages (size A4). It is also important to indicate how long it will take for the initiative to become financially independent. Additionally, the Rescue Workers' Foundation may take action to support initiatives brought to its attention. In principle, the Foundation will support small-scale, local projects, initiated by the rescue workers involved.

The Foundation is active internationally. It is independent and impartial as regards race, faith, or nationality.

All requests for support will be discussed by the Foundation's board and subsequently discussed with applicants.

## Financial

The Foundation is financially supported by Balans & Impuls. From every product we sell, minimal € 5 will go to the Foundation. We are open for donations of any kind. You can donate on bank account: NL21 RABO 0330 1393 71

## Volunteers

The board is working on volunteer base, only travel costs will be paid on realistic base.

## Practical information

Start 10 april 2018, founder Balans & Impuls

KvKnummer: 858704882

[www.balans-en-impuls.nl/rescueworkersfoundation](http://www.balans-en-impuls.nl/rescueworkersfoundation)

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